



COPA LEGIÃO



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BRAZILIAN JIU JITSU E JIU JITSU SEM KIMONO TABELA DE PESO OFICIAL LEGIÃO TEAM
Todas as categorias Masculina e Feminias

Categoria - Peso	Pré-Mirim			Mirim			Infantil			Infanto - Juvenil			Juvenil Masculino		Juvenil Feminino	Adulto Masculino	Adulto Feminino
	02 minutos			03 minutos			04 minutos			04 minutos			05 minutos		05 minutos		
	1 (4 anos)	2 (5 anos)	3 (6 anos)	1 (7 anos)	2 (8 anos)	3 (9 anos)	1 (10 anos)	2 (11 anos)	3 (12 anos)	1 (13 anos)	2 (14 anos)	3 (15 anos)	1 (16 anos)	2 (17 anos)	(16 e 17 anos)	(18 anos acima)	(18 anos acima)
Galo							24,999	27,999	29,999	33,999	37,999	41,999	45,999	50,999	41,999	54,999	45,999
							26,300	29,400	31,400	35,400	39,500	43,500					
							27,000	30,200	32,200	36,200	40,300	44,300	48,500	53,500	44,300	57,500	48,500
Pluma	12,999	14,999	16,999	18,999	21,999	24,999	27,999	30,900	33,999	37,999	41,999	45,999	50,999	55,999	45,999	60,999	50,999
	14,200	16,200	18,200	20,500	23,300	26,300	29,400	32,400	35,400	39,500	43,500	47,500					
	14,700	17,900	18,900	21,000	24,000	27,000	30,200	33,200	36,200	40,300	44,300	48,300	53,500	58,500	48,300	64,000	53,500
Pena	15,999	17,999	19,999	21,999	24,999	27,999	30,999	33,999	37,999	41,999	45,999	49,999	55,999	60,999	49,999	66,999	55,999
	17,200	19,200	21,200	23,500	26,300	29,400	32,400	35,400	39,500	43,500	47,500	52,100					
	18,000	20,000	22,000	24,000	27,000	30,200	33,200	36,200	40,300	44,300	48,300	52,500	58,500	64,000	52,500	70,000	58,500
Leve	18,999	20,999	22,999	24,999	27,999	30,999	33,999	36,999	41,999	45,999	49,999	53,999	60,999	65,999	53,999	72,999	60,999
	20,200	22,200	24,300	26,500	29,400	32,400	35,400	38,500	43,500	47,500	52,100	56,100					
	21,000	24,000	25,000	27,000	30,200	33,200	36,200	39,300	44,300	48,300	52,500	56,500	64,000	69,000	56,500	76,000	64,000
Médio	21,999	23,999	25,999	27,999	30,999	33,999	36,999	39,999	45,999	49,999	53,999	57,999	65,999	70,999	57,999	78,999	65,999
	23,200	25,300	27,300	29,500	32,400	35,400	38,500	41,500	47,500	52,100	56,100	60,100					
	24,000	26,000	28,000	30,200	33,200	36,200	39,300	42,300	48,300	52,500	56,500	60,500	69,000	74,000	60,500	82,300	69,000
Meio Pesado	24,999	26,999	28,999	30,999	33,999	36,999	39,999	42,999	49,999	53,999	57,999	61,999	70,999	75,999	61,999	84,999	70,999
	26,200	28,300	30,400	32,500	35,400	38,500	41,500	44,500	52,100	56,100	60,100	64,200					
	27,000	29,000	31,200	33,200	36,200	39,300	42,300	45,300	52,500	56,500	60,500	65,000	74,000	79,300	65,000	88,300	74,000
Pesado	27,999	29,999	31,999	33,999	36,999	39,999	42,999	45,999	53,999	57,999	61,999	65,999	75,999	80,999	65,999	90,999	75,999
	29,300	31,300	33,400	35,500	38,500	41,500	44,500	47,500	56,100	60,100	64,200	68,200					
	30,000	32,000	34,200	36,200	39,300	42,300	45,300	48,300	56,500	60,500	65,000	69,000	79,300	84,300	69,000	94,300	79,300
Super Pesado	30,999	32,999	34,999	36,999	39,999	42,999	45,999	48,999	57,999	61,999	65,999	69,999	80,999	85,999	69,999	96,999	80,999
	32,300	34,300	36,400	38,500	41,500	44,500	47,500	51,100	60,100	64,200	68,200	72,200					
	33,000	35,000	37,200	39,300	42,300	45,300	48,300	51,500	60,500	65,000	69,000	73,000	84,300	89,300	73,000	100,500	84,300
Pesadíssimo	Acima 31,000	Acima 33,000	Acima 35,000	Acima 37,000	Acima 40,000	Acima 43,000	Acima 46,000	Acima 49,000	Acima 58,000	Acima 62,000	Acima 66,000	Acima 70,000	Acima 81,000	Acima 86,000	Acima 70,000	Acima 97,000	Acima 81,000
	NÃO HÁ LUTAS DE ABSOLUTO NESTAS CATEGORIAS												SOMENTE ACIMA DO PESO MÉDIO			PESO LIVRE	

* ATLETAS DA FAIXA BRANCA E ROXA JUVENIL DEVEM UTILIZAR A TABELA DO PESO DO JUVENIL 2

* ATLETAS MASTER UTILIZAM A TABELA DA CATEGORIA DO ADULTO.

Regras da FJJ/RN CBJJ/IBJJF



Tabela de tempos:

Adulto 18 a 29 anos Faixa Branca= 5 minutos Azul= 6 min; Roxa= 7min; Marrom= 8 min; Preta= 10 minutos.
 Master 30 a 35 anos Faixa Branca = 5 minutos Azul= 5 min; Roxa= 6min; Marrom= 6min; Preta= 6 minutos.
 Master 36 a 40 anos
 Master 41 a 46 anos Faixa Branca = 5 minutos Azul= 5 min; Roxa= 6min; Marrom= 6min; Preta= 6 minutos.
 Master 47 a 51 anos

ATLETA SEM KIMONO
ATLETA DE KIMONO LISO
ATLETA DE KIMONO TRANÇADO